

Gyms, Fitness Centers, Sports, and Recreational Facilities
Attachment K Revised
Issued April 22, 2020
Effective May 8, 2020
Part of Phase II

By: Governor Mike Dunleavy 
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- I. Applicability:** This Attachment applies to gyms, fitness businesses, and sports and recreational facilities (collectively “athletic facilities”). Examples include, but are not limited to: hockey rinks; indoor fields and tracks; yoga, dance, rock climbing, cycling, and gymnastics studios. This Attachment does not apply to pools or pool activities; those facilities are governed by Health Mandate 016 - Attachment P. This attachment supersedes Health Mandate 016 - Attachment K.
- II. Classes, training, and activities by gyms and fitness businesses may resume operations if they meet all of the following requirements:**
- a. Social Distancing:
- i. Reservations are encouraged. Walk-ins are permitted if a visitor log is kept that has sufficient information to be able to contact a visitor should the need arise.
 - ii. Indoor activity is limited to 25 percent of maximum building occupancy, as required by law.
 - iii. Outdoor activity is limited to a maximum of 50 individuals, including staff and spectators. It is strongly encouraged that spectators wear cloth face coverings.
 - iv. Social distancing of at least ten feet between non-household individuals should be maintained while participating in the fitness or sporting activity. When not exercising, non-household social distancing of six feet should be maintained.
 - v. In class or group workout settings, the athletic facility should provide clear markings to indicate where each person should stand to maintain the ten-foot distance.
 - vi. Workout equipment available for use should be spaced to maintain ten-foot-distancing (can use signage to close certain equipment to maintain distancing).
 - vii. It is strongly encouraged that cloth face coverings be worn by all employees.
 - viii. Athletic facility must establish a COVID-19 Mitigation Plan addressing practices and protocols to protect staff and the public.
 - ix. Entryway signage notifying the public of the athletic facility’s COVID-19 Mitigation Plan and stating clearly that any person with symptoms consistent with COVID-19 may not enter the premises.

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- x. Each participant must be screened prior to the activity. No one can participate who is exhibiting symptoms or who has knowingly been in contact with a suspected positive case of COVID-19 within the past 14 days.
 - xi. No participant may use the facility or join an outdoor activity within 72 hours of exhibiting a fever.
 - xii. This screening, where reasonably feasible, should be conducted electronically, in advance. If the screening is in person, pens and touch screens must be sanitized before and after each use.
- b. Hygiene Protocols:
- i. Restrooms may be open, but must be cleaned and disinfected hourly
 - ii. Locker rooms must be adequately addressed in the mitigation plan and conform to all health mandates, or be closed.
 - iii. Ancillary accommodations such as Steam Rooms, Saunas, and Jacuzzis/hot tubs shall remain closed.
 - iv. Water fountains and vending machines must be addressed in the mitigation plan or turned off and marked inoperable.
 - v. Facility must provide handwashing capability or sanitizer.
 - vi. Frequent handwashing by employees and an adequate supply of soap and/or hand sanitizer, disinfectant, and paper towels must be available.
 - vii. Employer must provide for hourly touch-point sanitization (e.g., workstations, equipment, screens, and doorknobs) throughout work site.
 - viii. The athletic facility must fully clean and disinfect any equipment prior to the activity, between each participant's use of the equipment, and after the activity.
 - ix. Equipment shall not be shared between patrons at the same time unless from the same household (must be fully disinfected prior to the next participant's use).
 - x. Patrons should arrive at the facility in workout/active wear.
 - xi. Athletic facilities must comply with CDC guidelines to the maximum extent possible:
<https://www.cdc.gov/mrsa/community/environment/athletic-facilities.html>.
- c. Staffing/Operations:
- i. Provide training for employees regarding these requirements and the COVID-19 Mitigation Plan.
 - ii. The athletic facility must conduct pre-shift staff screening and maintain a staff screening log.
 - iii. No employee displaying symptoms of COVID-19 may provide services to customers. Symptomatic or ill employees may not report to work.

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- iv. No employee may report to the work site within 72 hours of exhibiting a fever.
 - v. Employer must establish a plan for employees getting ill and a return-to-work plan following CDC guidance, which can be found online at: <https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html>.
- d. Cleaning and Disinfecting:
- i. Cleaning and disinfecting must be conducted in compliance with CDC protocols weekly or, in lieu of performing the CDC cleaning and disinfecting, the athletic facility may shut down for a period of at least 72 consecutive hours per week to allow for natural deactivation of the virus, followed by site personnel performing a comprehensive disinfection of all common surfaces.
 - ii. When an active employee is identified as being COVID-19 positive by testing, CDC cleaning and disinfecting must be performed as soon after the confirmation of a positive test as practical. In lieu of performing CDC cleaning and disinfecting, the athletic facility may shut down for a period of at least 72 consecutive hours to allow for natural deactivation of the virus, followed by site personnel performing a comprehensive disinfection of all common surfaces.
 - iii. CDC protocols can be found online at: <https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html> and <https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html>.
- e. Mixed Activity/Use: Health Mandate 016 - Attachment E applies if there are retail services provided on-site, such as a gift store or convenience store.

III. Athletic facilities are encouraged to follow additional best practices:

- a. Move to, and promote the use of, cashless and receiptless transactions.
- b. Participants should be encouraged to wear cloth face coverings at all times, including while working out.
- c. Customers should enter and exit through different entries using one-way traffic, where reasonably feasible.