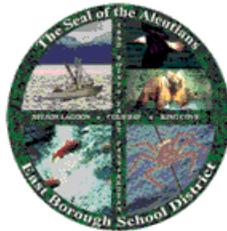
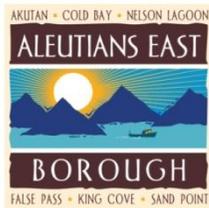


In the Loop



Bringing the Aleutians East Borough, the AEB School District and Eastern Aleutian Tribes together by sharing common goals.

King Cove Fishermen Help with Salvage of Grounded Tug and Barge by Ukolnoi Island



The Coast Guard has updated the fuel amount on board the Polar Wind to more than 20,500 gallons of diesel. Photo courtesy: U.S. Coast Guard.

Local fishermen from King Cove stepped up to lend a hand by transporting survey and response crews working on the grounded tug and barge on Ukolnoi Island, about 29 miles east of King Cove. The 78-foot long tug Polar Wind and the barge Unimak Trader went aground on November 13th. The Coast Guard rescued the five-person crew of the tug later that evening after it began taking on water and the crew called for help.

Today, the crews conducted dive surveys, assessed the hull condition of the tug and used sonar to survey the area around the vessels. The crews worked the boom around the tug and measured the amount of fuel onboard.

Northland Services, the company that owns the tug, hired Global Diving and Salvage to salvage the vessels. Alaska Chadux is working with Global to respond to any pollution issues. At first, over flights reported seeing no fuel sheen

from the air. However, last Friday (November 16th), a light sheen was spotted around the grounded tug and barge.



Coast Guard personnel hoisted two men from the tug Polar Wind into a helicopter on Nov. 13th.

“The unified command activated their response plan to boom the vessels and minimize any environmental impact,” Captain Paul Mehler III, commander of the Coast Guard Sector Anchorage said in a news release.



The Coast Guard has updated the fuel on board the Polar Wind to more than 20,500. The barge is reportedly holding 1,800 gallons of diesel.

The tug is missing a rudder, and the port wheel is heavily damaged. However, the vessel is very stable in its position. The Coast Guard said a light oil sheen was observed in the water near the bow, but there was no obvious source.

A storm that passed through the area slowed down the salvage operation over the weekend. However, today the survey and response crews went back to work at the scene.

Dean Gould of King Cove, who owns the F/V Northern Star, transported crews from Global Diving and Salvage and Coast Guard personnel to the wreck location. The crew then took a skiff and boarded the tug. Don “Boomer” McCallum, aboard the F/V Aleut Mistress, transported crews from Alaska Chadux to the scene. Mann Koso, on board the F/V Miss Roxann, took divers from Global to Ukolnoi Island. Melvin Koso, skipper of the “Melanie Sue”, took crews to the island so they could take measurements of the water around the boat and tug.

The Coast Guard has updated the fuel amount on board the Polar Wind to more than 20,500 gallons of diesel. The barge is reportedly holding 1,800 gallons of diesel and 90 refrigerated cargo containers, 30 of contain 1.5 million pounds of Trident frozen seafood.

Bering Pacific Seafoods to Provide False Pass with Economic Boost Following Plant Expansion



A major expansion of BPS will double the workforce and triple the plant's cold storage facility. Photo by Michael Vickers.

APICDA's Bering Pacific Seafoods (BPS) in False Pass has big plans for the future. Those plans will soon translate into an economic boost for the City and its residents. A major expansion of the plant will double the workforce and triple the plant's cold storage facility, allowing BPS to expand into a year round seafood facility.

The number of jobs will climb from 25 to nearly 50. About one-quarter of those jobs will be management positions, such as

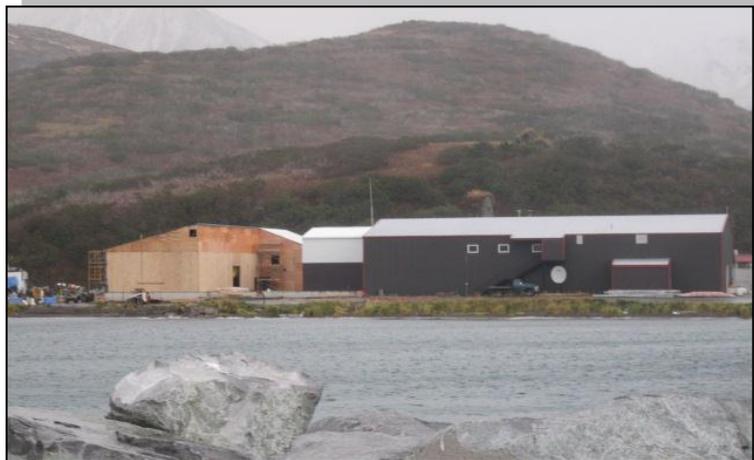
assistant to the engineer and assistant to the plant manager. The remainder will be floor processing positions.

For the first time, BPS employees will be able to live in the community year round. To accommodate additional workers, BPS is increasing the size of its bunkhouse. That meant buying three 1-acre lots for additional housing.

"We're expecting a population increase in False Pass because of the expansion," said John Sevier, BPS Chief Operating Officer. "There will be more traffic in the harbor, more people buying from the store and more commerce in general. It will be good for the entire community," he added.

Once the expansion is completed, BPS will have 1.5 million pounds of cold storage capacity.

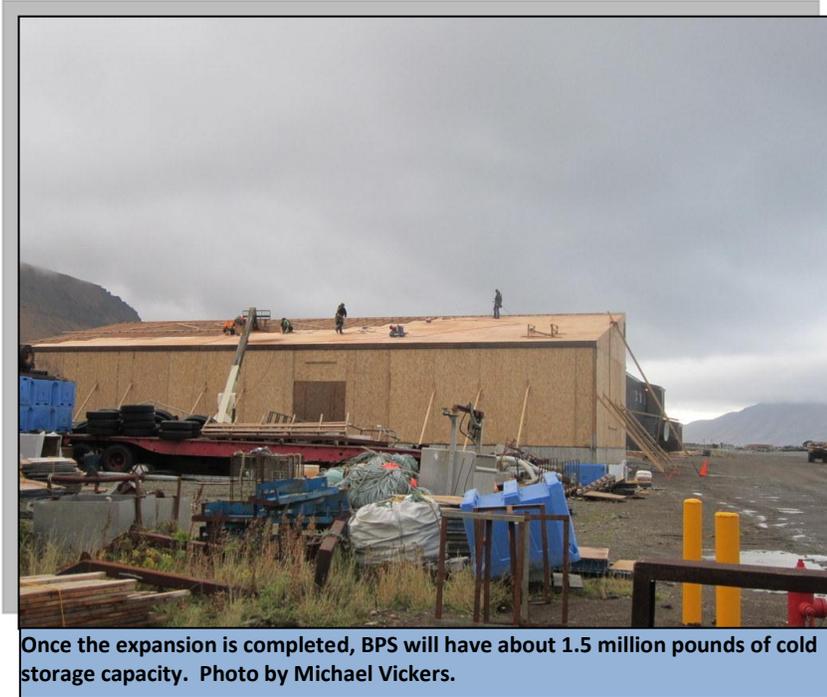
"We're going to need that because we



The BPS cold storage expansion project is expected to provide an economic boost to the City of False Pass. Photo by Michael Vickers.

will be increasing from a small amount of production now during the summer to what we plan on producing, which is 300,000 round pounds of fish a day of either salmon or Pacific cod,” said Sevier.

“Currently, our cold storage is a little ways away from our plant,” said Ken Smith, General Manager of the shore side operation at BPS. “So we’re going to utilize all the space in between for a new case up area. On the north end, there will be an 80 X 80 steel building with an ice house in it.”



Once the expansion is completed, BPS will have about 1.5 million pounds of cold storage capacity. Photo by Michael Vickers.

BPS also plans to increase its fuel capacity. That will require new fuel storage tanks to be built.

“We may end up using between 1,500 and 2,500 gallons of fuel per day, depending on the load and how much processing we do on certain days,” Sevier said.

“Right now, we’re processing salmon species, halibut and sablefish. Our plan is to also process Pacific cod at this time next year,” Sevier added. “At some point down

the road, we also plan to process Dungeness, snow and king crab. Five years from now, BPS will probably look quite different than it does now.”

The three-year project began over the summer and will mostly wrap up some time next fall. The total project cost is estimated to be \$11 million.

AEB Applies for Grant to Replace False Pass Generator

The Aleutians East Borough is applying for a Community Development Block Grant on behalf of the City of False Pass to replace an aging generator. A new generator will allow the City’s electric company to handle the community’s needs and accommodate for future expansion.

The City owns the City of False Pass Electric and provides service to 25 residential customers, 13 commercial customers, 11 community structures, 3 federal/state facilities and the harbor, which

includes 75 stalls. In fiscal year 2012, the electric company sold 397,985 kilowatt hours. However, in order to provide uninterrupted service, the electric company needs one of its three generators replaced.

The False Pass Generator Replacement Project includes the purchase, shipment and installation of a new John Deere 230 kilowatt generator in the existing generation house. Generator #1 has 10,466 hours on it and cannot handle the load. It hasn't been used since 2005. Generator #2 has 44,784 hours on it and has been rebuilt twice. Generator #3 has 18,042 hours on it and will be rebuilt soon. It is



The City of False Pass is hoping to replace one of its aging generators with a grant so the electric company can handle the community's needs and accommodate for future expansion.

currently out of commission. When the city staff conducts general maintenance on the generators, they have to switch from Generator #2 to #3. If a malfunction occurs to either of these generators, the electric company would not have a suitable back-up option, which could result in losing power.

Residents would have difficulty staying warm without proper heating during an outage. Food spoilage is another concern.

In addition to health and safety concerns, a new generator will help the City accommodate for future expansion. As a result, it would have a positive impact on the False Pass economy. The Aleutians East Borough, the Isanotski Corporation and APICDA fully support the False Pass Generator Replacement project.

Sand Point Veterans Visit the School

By Marc Donadieu



Elementary students from the Sand Point School sang the "Star Spangled Banner" as part of a Veterans Day celebration earlier this month. Photo by Marc Donadieu.

Veterans Day was celebrated with an assembly at the Sand Point School on Monday, November 12, 2012. Six veterans and their families were present: William Dushkin Sr., David Osterback, Robert Morris, Rick Eastlick, Gina Julian and Nate Julian. High school students gave short presentations about who

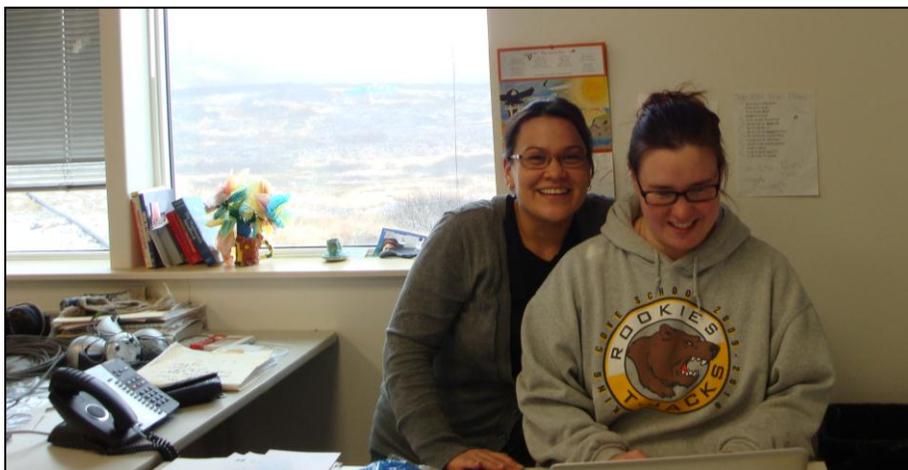
veterans are and how they have served our country. The third grade class gave a short play about who veterans are. The elementary grades sang the “The Star-Spangled Banner” accompanied by guitar, drums and cymbals. The students were conducted by music teacher Michael Balangué. The veterans and their families then joined the elementary students for lunch and cake. The Sand Point School enjoyed thanking veterans for their service on this day of recognition.

Take UAF Classes Without Leaving Home

By Leona Christensen Long, Marketing Coordinator for UAF’s Interior Aleutians Campus

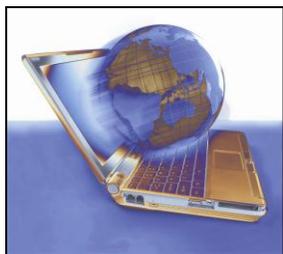
Registration is open for the University of Alaska Fairbanks’ Interior-Aleutians Campus. Visit www.uaf.edu/iac for a copy of our class schedule and information about the programs we offer. All you need is a phone, computer and Internet access to take classes.

With prior approval, high school students may be able to get both high school and college credit for taking classes at IAC. The Aleutian-Pribilof Center offers classes in art, computer sciences, welding technologies, foreign languages, marine and atmospheric science classes.



Etta Kuzakin and Tanna Y. Lewis of King Cove are working towards their associate's degrees at UAF's Interior-Aleutians Campus.

You can also choose from a selection of distance learning courses to earn credits toward a certificate, associate’s, bachelor’s or master’s degree.



Students who register early have the best chance of getting the classes they want and staying on track for graduation. IAC’s student services staff can help you with the tools you need to be successful and answer your financial aid questions. For more information, call Interior – Aleutians Campus 1-888-474-5207 or visit www.uaf.edu/iac. You can also contact Shawn Dickson, Coordinator for the Aleutian-Pribilof Center at 877-581-1666 or email her at sldickson@alaska.edu.

Eastern Aleutian Tribes Receives First-Ever Primary Care Medical Home Designation in Alaska



3 Year Gold Seal of Approval™ in Ambulatory and Behavioral Care and as a PCMH

Eastern Aleutian Tribes has earned the Joint Commission’s Gold Seal of Approval™ in compliance with The Joint Commission’s standards for Primary Care Medical Home (PCMH). Additionally, they have received the Gold Seal of Approval™ recognition as an ambulatory care center as well as a behavioral health provider- receiving all three designations.

While PCMH is a relatively new term in the health care industry, it is a practice Eastern Aleutian Tribes has used for a long time. Under the PCMH model, Eastern Aleutian Tribes primary care providers work closely with an interdisciplinary team including dental providers and behavioral care experts to support the patient and ensure comprehensive and coordinated care, quality treatment and safe services.

To earn this designation, Eastern Aleutian Tribes underwent a rigorous five-day site survey the week of September 10 - 14, 2012. A team of Joint Commission expert surveyors evaluated Eastern Aleutian Tribes’ staff for compliance with the standards of care that exemplifies PCMH.

“Organizations that pursue the PCMH option from The Joint Commission are demonstrating the highest commitment to delivering primary care in a comprehensive, coordinated and accessible model,” says Michael Christensen, executive director and CEO of Eastern Aleutian Tribes. “I commend our team of great and dedicated employees at Eastern Aleutian Tribes for successfully achieving this pinnacle, the first in Alaska using this accreditation option from The Joint Commission, and for its dedication to continually improving patient care. This Joint Commission designation recognizes the hard work that Eastern Aleutian Tribes employees engage in every day as they put our patients at the center of our organization. Following these practices also gives us a framework to take our organization to the next level and helps us realize a transformation in providing care and to create a culture of excellence.”

“This Gold Seal of Approval™ designation recognizes the efforts our team has made to continuously improve the personal and coordinated care that we provide for all our patients. PCMH creates an environment that allows us to work as a team and treat the whole patient—it’s the core of our organization and an accreditation recognition we’re extremely proud to have,” says Tara Ferguson, the director of Quality Improvement and Quality Management for Eastern Aleutian Tribes and the leader responsible for their accreditation effort.

The Board of Directors of Eastern Aleutian Tribes have also been a vital part of this effort, including their support, ongoing review of quality indicators and the time spent in a special board meeting to review and approve an entire new policy and procedure manual at Eastern Aleutian Tribes.

The PCMH designation is a new Joint Commission option for accredited ambulatory care organizations, enacted July 1, 2011. Eastern Aleutian Tribes is the first organization to receive this Joint Commission designation in Alaska and only the 36th to receive the designation nationwide.

The designation in all three areas meets the standard for The Gold Seal of Approval™ and is effective for the next three years.

The Joint Commission, the nation’s oldest and largest standards-setting and accrediting body in health care, sets national standards that address important functions relating to the care of patients and the management of health organizations. The Joint Commission seeks to continuously improve health care for the public, in collaboration with other stakeholders, by evaluating health care organizations and inspiring them to excel in providing safe and effective care of the highest quality and value.

The Joint Commission Accreditation process, which is endorsed by the World Health Organization (WHO), rigorously tests the quality systems, processes and results of a healthcare organization. It is a voluntary process and organizations have to be re-accredited every three years. In 2005, the WHO designated the Joint Commission as the world's first WHO Collaborating Center dedicated solely to patient safety. This collaboration was started to focus worldwide attention on best practices that reduce safety risks to patients. The Gold Seal of Approval™ is the highest recognition of patient care available worldwide. Healthcare organizations worldwide are seeking this coveted level of recognition.

“We are thrilled that the Joint Commission has given us this recognition and are excited as we use this as a starting point for even greater strides to provide safe quality healthcare and to support the People of the Aleutians as they become the healthiest people in the nation” said Mr. Christensen.

More News from EAT



December Events:

Dec. 1: [World AIDS Day](#)

Dec. 4 – 10: [National Hand Washing Week](#)

Eastern Aleutian Tribes is pleased to announce that the IHS Division of Oral Health has recognized our Dental Program with an Honorable Mention in both the Most Improved Programs and the Best Performance Programs. We thank our Dental Staff for their efforts to improve the dental health of the people we serve!

Dental clinics will be conducted in December in Adak, King Cove, and Sand Point (weather permitting).



Adak – 592-8383

Dec. 14-23: Dr. Costa, Becky & Erik

King Cove – 497-2311

Dec. 3 - 13, Dr. Costa & Erik

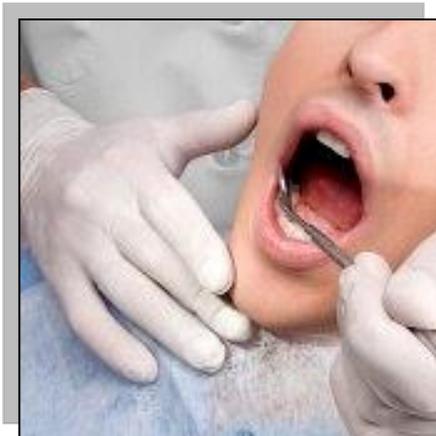
Dec. 26 – 31, Dr. Costa & Erik

Sand Point – 383-3151

Dec. 3-13, Becky

Dec. 3-21, Chelsea

Dec. 26-31, Becky & Chelsey



Faith Borts helps little brother, Kamden, brush his teeth. Photo courtesy: Phyllis Borts and Eastern Aleutian Tribes.

Provider services:

Michael Costa DDS-Dentist: Fillings, most extractions, root canals, full dentures, partial dentures, crowns and bridges

Becky Howe RDH-Hygienist: Cleanings, sealants, fluoride application

Chelsea Shoemaker DHAT-Dental Therapist: Fillings, simple extractions, above the gum line cleanings, sealants, and fluoride application

Erik Linduska DHAT - Dental Therapist: Fillings, simple extractions, above the gum line cleanings, sealants, and fluoride application



Are you traveling home from Anchorage? Would you like to carry much needed vaccines to your community clinic for EAT? Please contact Marta Hahn at 1-866-328-4911 or Betty at EAT at 277-1440 to volunteer!



Dr. Martha Cotten

Dr. Martha Cotten will be in King Cove December 3 & 4. Dr. Cotton provides family medical care. Please call 497-2311 to schedule an appointment.

Dr. Cotten will then travel to Cold Bay December 5 & 6. Please call 532-2000 to make an appointment.

If you believe you have a need for Behavioral Health Services, please contact your Community Clinic or call Behavioral Health directly at Emergency COPE Line—800-478-2673
King Cove Clinic – 907-497-2311
After Hours –907-497-8203
Sand Point Clinic – 907-383-3151
After hours – 907-386-1227



Eastern Aleutian Tribes Offers Interpreter Services in All Clinics

EAT has established a partnership with Certified Language International. This service provides interpretation services for 23 different languages, ranging from Arabic to Vietnamese. Non-English speaking patients can simply point at their language of choice on a convenient poster, and clinic staff will then connect to the correct translator. All interpreters are sworn to confidentiality and the Interpreter's Code of Ethics. This is a 24/7 service. You can read more about it at www.certifiedlanguages.com.



Sandra Lopez, EAT's Patient Care Coordinator and Special Diabetes Program Coordinator, with her son, Zenny.

Meet Sandra Lopez, EAT's Patient Care Coordinator and Special Diabetes Program Coordinator, pictured here with her son, Zenny. Sandra, her husband Jorge, and their three sons, Dale, Matt and Zenny moved to Cold Bay in 2004. With her prior experience as a Certified Nursing Assistant and Emergency Medical Technician, Sandra quickly volunteered for the EMS Squad in Cold Bay. In 2006, Sandra began working at EAT as a Community Health Information Specialist, and since that time has gained her accreditation as a Community Health Aide IV, and been promoted to Patient Care Coordinator and Special Diabetes Program Coordinator.

Sandra grew up in a small town in Northern California called Willows, near Chico, in a farming and ranching area. Her hobbies are quilting and riding horses whenever she gets the chance to go to Willows for a visit.

Sandra's education has been focused on community health, and she has gained many of her credits utilizing the University of Alaska Fairbank's Distance Learning Program (<http://elearning.uaf.edu>). She is particularly interested in Diabetes because of its complexity and

the fact that with proper control and education, it can be well maintained and in many cases can be prevented. She prefers to take a hands-on approach because it gives her an excellent opportunity to see the approaches that work, and why. Sandra has plans for special diabetes activities in each of our communities, such as a foot exam day in each clinic. During the recent health fairs in Cold Bay and King Cove, Sandra and her staff performed foot exams, eye exams, and spoke to numerous community members about diabetes prevention and care.

Sandra hopes to have a positive and lasting impact on our region. She and husband, Jorge Lopez, (who serves the City of Cold Bay as Mayor and works for the State of Alaska Department of Transportation as a Heavy Equipment Operator and Firefighter), in addition to all their other duties continue to work together as EMS volunteers, and look forward to helping the people in our communities become the healthiest people in the nation. If you'd like to get in touch with Sandra to discuss your care, nutrition, or diabetes, please call 1-866-328-4911

The **King Cove Community Health Center** held a Health Fair on **October 25**. The fair was a huge success. 113 people attended, and enjoyed touring the booths, learning about them, and collecting signatures on their raffle cards, which were then entered for door prizes. The booths included

immunizations; eye screening; public insurance and VA benefits; EMS, manned by the fire chief and a police officer; dental; nutrition and exercise; cardiovascular; vitamins, manned by King Cove resident David Morris; vitals, staffed by several high school kids; and a behavioral health / drug take back booth. 98 eye exams were done, 21 flu shots were given, and 11 dental appointments were made.

And the winners of the big prizes:

Jon Samuelson—a case of canned salmon from **Peter Pan**.

Beverly Mack— a box of salmon filets from **Peter Pan**.

Glennora Dushkin—\$75 gas card from **Aleutian Housing Authority**.

Matthew Spivey—iPad from **EAT**.



Thank you to all who attended and organized, and especially to those that donated prizes and healthy snacks!

The **Sand Point Community Health Center** held their health fair at the Qagan Tayagunin Recreation Center **November 2**, with 115 community members participating. They had booths for dental; diabetes/nutrition; men and women's health and cancer screening; cough and hand hygiene and blood pressure; behavioral health; VA, Medicaid, Denali Kid Care and public assistance; and a "take back the drugs" booth.

Community participation was excellent, with many attendees commenting that the information was valuable, and that they'd learned a lot.

EAT would like to thank all that attended, and especially those that brought their old and outdated medications in for correct, safe, and environmentally friendly disposal.

And of course, our thanks to the donators of our fabulous door prizes, **Peter Pan Seafoods, Trident Seafoods, Alaska Commercial, Wastac, Toys Plus, and the City of Sand Point**.

Thanks Everybody!

Eastern Aleutian Tribes just completed their **Third Annual Registration Drive**. The drive ran from July 1—October 15, and successfully enrolled 440 18 year old clients, and 34 clients over 18. Each person enrolled was entered to win one of four iPads from EAT. The winners were Kaitylyn Macal tao of

Whittier, Kristy Devine of Sand Point, Charlynn Brandell of King Cove, and Axel Bear of False Pass.

Congratulations to all the enrollees and the winners!



If you'd like information about benefits you may be eligible for, please contact EAT Benefits Coordinator Eula Schofield at 1-866-328-4911.

Pictured here is little Kaitlyn Macal tao, who won one of the iPad 3's. Congratulations, Kaitlyn!

The following positions are currently available at Eastern Aleutian Tribes

Operations

Janitor, Temporary, Cold Bay - Under limited supervision, keep EAT buildings in clean and orderly condition. Perform cleaning duties such as cleaning floors, vacuuming and shampooing rugs, washing walls, surfaces, and glass, and removing garbage.

Behavioral Health Services

Behavioral Health Aide I -Nelson Lagoon - The position of level I Behavioral Health Aide (BHA-I) provides; prevention, early intervention, case management, aftercare and follow-up for individuals and families impacted by a variety of behavioral health (addiction/substance abuse and mental health) issues. With direction and support from the Wellness Program Manager, the position is responsible for providing access to and delivering behavioral health services, within a defined scope of practice, to community residents.

Clinical Services

Primary Care Technician - King Cove - Under general supervision of the Lead Provider, provides basic patient care to all patients to include but not limited to; patient screening, assessment, care, care referral, care documentation and evaluation.

Mid-Level Practitioner - Full time/Itinerant - Adak, Akutan, Cold Bay - To provide preventative, primary and emergency care and work as a team with other health care providers, CHA/P and first response team to ensure continuity and quality community health care.

Community Health Aide - Full time/Itinerant - Akutan- Provides primary (acute, chronic, and preventive) health care and emergency care to those seeking health services in an assigned village. The Community Health Aide/Practitioner CHAP base of operation is in the village clinic.

All Providers and CHA/P providers may be asked to travel for short term coverage assignments at other clinic sites within Eastern Aleutian Tribes.

Vision

“Eastern Aleutian Tribes has the healthiest people in the nation”.

Mission

“Eastern Aleutian Tribes will provide and continually improve quality services in all aspects of health care supporting the well-being of our people”.

Follow Us on Facebook

Please visit our [Facebook](#) Page to learn more about the news items and resources mentioned in this newsletter, and to keep up on the latest and greatest! All comments and suggestions from our community partners and friends are welcome. Please feel free to contact the office at 907-277-1440; Michael Christensen at MichaelC@EATribes.net or Irene Douthit at IreneD@eatribes.net



Calendar of Events:



- **Nov. 27, 2012 – 10 a.m. – Noon - Fishermen’s Meeting & teleconference at Silver Cloud Inn in Seattle**
- **Nov. 27th – 29th – Pacific Marine Expo – Qwest Field Center – Seattle**
- **Dec. 3rd – 11th – NPFMC – Anchorage Hilton Hotel**

- Jan. 15 – 20, 2013 - AK Board of Fish – AYK Finfish – Anchorage Sheraton
 - Jan. 21st - 25th – Alaska Marine Science Symposium – Hotel Captain Cook – Anchorage
 - Feb. 4th - 12th – NPFMC – Portland, OR
 - Feb. 26th – March 3rd – AP/AI Finfish (Salmon issues) – Anchorage Sheraton
-

Happy Thanksgiving!



Got News?

If you have news you'd like to share, please email ltanis@aeboro.org or call AEB Communications Manager Laura Tanis at (907) 274-7579.



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