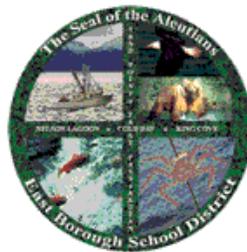
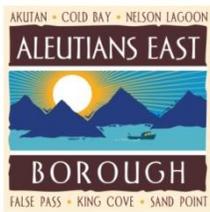


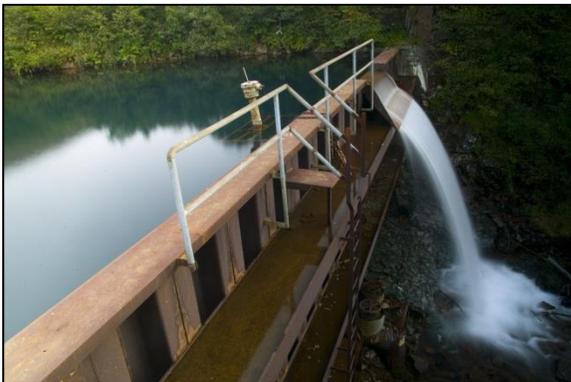
In the Loop



Eastern Aleutian Tribes

Bringing the Aleutians East Borough, the AEB School District and Eastern Aleutian Tribes together by sharing common goals.

King Cove's Dream -- Becoming Mostly Reliant upon Renewable Energy -- is about to Become Reality



Soon, King Cove expects to produce the majority of its annual energy needs from renewable energy.

It's no small feat that soon, King Cove expects to produce the majority of its annual energy needs from renewable energy. Since 1994, the community of about 950 residents has derived 50 percent of its energy needs from Delta Creek, a run-of-the-river hydroelectric plant. The other 50 percent comes from diesel.

“Every gallon of diesel fuel that you can take out of your power generation system has a significant cost savings,” said Gary Hennigh, King Cove City

Administrator. “Thinking back to the early 90s, nobody envisioned that the cost of diesel (which was 60 cents per gallon then) would go up to more than four dollars per gallon. So not only did Delta Creek become a winning proposition, it has paid for itself quicker than anticipated. We’ve been able to avoid using over 2.5 million gallons of diesel for the past 20 years. Consequently, King Cove households have been able to save about \$1,000 annually with more expensive diesel power being replaced with cheaper renewable energy.”



In less than a year, 75 percent of the city’s energy needs is expected to come from renewable energy after King Cove’s second hydro project, Waterfall Creek, goes online. Photo courtesy: Bailey Johnston/HDR Alaska

Soon, the community should see additional energy savings as King Cove enters the threshold of realizing its next major accomplishment. In less than a year, 75 percent of the city’s energy needs are expected to come from renewable energy after the community’s second hydro project, Waterfall Creek, another tributary of Delta Creek, goes online.

Construction of the Waterfall Creek project started in mid-August. Road access to the site has now been completed and the expansion of the current Delta Creek powerhouse is underway to house the turbine and generator for the Waterfall Creek project. The project will shut down later this month for winter.

Starting again this coming spring, Sunland Development Company from Homer, will construct the impound structure and the 4500’ penstock, place the turbine and generator in the powerhouse and install the switchgear and electrical controls. The 375 kW turbine and generator have already been fabricated by Canyon Industries in Washington and will be shipped to King Cove in spring.



Overview of road construction on Sept. 25th. Delta Creek and the temporary bridge are located in the lower one third of the photo. Photo courtesy: Bailey Johnston/HDR Alaska.

The total cost of the Waterfall Creek project is expected to be approximately \$6.9 million. Forty percent will be funded by the State of Alaska through \$2.8 million in grants from the Alaska

Energy Authority (AEA). A \$500,000 grant from the Aleutians East Borough will pay for about



Geotextile fabric was placed over dirt during road construction. Photo courtesy: Bailey Johnston/HDR Alaska.

7% of the total project cost. The city will pay for the other 59 percent of the project through a combination of cash and long-term debt.

“To the best of my knowledge, there are no similar small hydro projects in rural Alaska being built where the owner of the utility, in this case, the city, is willing to take on this much debt, about \$3.5 million, for a renewable energy project,” said Hennigh.

Other rural renewable energy projects, such as one recently completed in Hoonah, another in

Chignik Lagoon and a third in Icy Cape in Southeast Alaska were fortunate to have 80 to 90 percent of their projects paid for by the State of Alaska. However, as the economic landscape changed, including the sharp drop in Alaska oil prices, the amount of available grant funding shrunk considerably.

Even so, King Cove decided to take on this big challenge following two decades of success with its first hydro project, Delta Creek.

“We know that Waterfall Creek is only going to add to this success,” Hennigh said. “If we don’t get as much external money as we would like, we realize we are at the point where we have to do it, and that’s the decision we made.”

Hennigh said the city recently submitted another energy application to AEA for an



Road construction on Sept. 4th progressing with a centerline depression to reduce the amount of fill needed to reach necessary depth for penstock placement. Photo courtesy: Bailey Johnston/HDR Alaska.

additional \$675,000, which would help reduce the city's debt for the project. If the city is awarded this final grant, then the project would be a 50/50 state to local government partnership.

In the meantime, Hennigh calculates that at today's cost of diesel of about \$3.00/gallon, and in consideration of the anticipated replacement of 55,000 gallons of diesel fuel with 700,000 kilowatt hours of electricity from Waterfall Creek, an additional \$165,000 per year of fuel savings will occur.

"At some point, the cost of fuel is going to go up again," he said, "and when it does, that will make the pay back of Waterfall Creek that much better."

The project is expected to go online in September 2016.



Progress of forms and reinforcing bar at the powerhouse. Photo courtesy: Bailey Johnston/HDR Alaska.

King Cove is well ahead of other small rural Alaska communities in turning to renewable energy for meeting most of its energy needs. Hennigh credits the city's elected officials for having the foresight to push for this project, as they did with the Delta Creek project.

"It comes back to my first city council meeting in December of 1989 when then-Mayor Harvey Mack and the Council discussed the two projects they wanted me to focus on," said Hennigh.

Those two projects were to research what was involved in determining whether a road from the community to the Cold Bay Airport could be built and if construction of the Delta Creek hydro project was feasible.

"Now twenty-six years later, the road is still an ongoing issue," said Hennigh. "The hydro project was much easier to accomplish. We had no idea back then when we finished Delta Creek that we would look further and do Waterfall Creek. It just sort of became a natural progression after the community learned about the benefits of hydro with Delta Creek. It reflects the vision and forward thinking of the people of King Cove."



View towards existing powerhouse across new tailrace. Photo courtesy: Bailey Johnston/HDR Alaska.

Completion of Coast Guard's Second Hangar in Cold Bay Scheduled for October 2016

Crews are making headway on the Coast Guard's second hangar, located in Cold Bay. The concrete foundation has been laid, and crews are now working on the rebar and moving forward with work on the interior slab. The hangar will provide an expanded Coast Guard presence in Cold Bay during the fishing and crabbing seasons. The dimensions will be 70' X 90', and will include space for another helicopter as well as a heated administrative office; and a restroom and shower for Coast Guard crews returning from missions.

Despite the fact that winter weather has arrived, crews are pushing ahead with construction of the facility.



The concrete foundation for the Coast Guard's second hangar in Cold Bay has been laid. Photo by Mark Montgomery.

“Our intent is to work through the winter to get the building enclosed,” said Mark Montgomery, Quality Assurance Manager for Perini Management Services, Inc.

The crew of eight workers began construction on Aug. 20th. The scheduled completion date is Oct. 31, 2016. As the seasons change, weather has presented a few challenges along the way.

“Trying to keep the soil dry for compaction and just having dry enough days that we can pour has been a challenge,” Montgomery said. “We’ve had some good days, but it just cycles – rain for a couple of days and then we get a decent day or two, then it cycles back to rain. It’s pretty typical of Cold Bay at this time of year.”

Wind – a weather condition that seems ever-present in the Aleutians and the southern Alaska Peninsula – can also be a challenge year-round.

“Right now, it’s just a nuisance really, just keeping insulation weighted down so it doesn’t blow around,” Montgomery said. “But definitely when we start to pick panels for the building, the wind could be a concern.”

In any case, the crew seems ready to confront any challenge that comes their way in order to get the job done and on time. Montgomery said the highlight of the project has been the hospitality of the people in Cold Bay.

“I would like to take the opportunity to thank the folks here in Cold Bay,” he said. “Everybody has been just wonderful to us.”



“Our intent is to work through the winter to get the building enclosed,” said Mark Montgomery, Quality Assurance Manager for Perini Management Services, Inc. Photo by Harold “Happy” Kremer.

Cold Bay Postmaster Gets Street Named After Her

Cold Bay Postmaster Leticia (Letty) Ellis, has come a long way from the Philippines where she grew up. For her, the American dream has been comprised of many wonderful surprises along the way, including finding out last month that a road was named after her. Ever since she was young, she has always been fascinated with the United States.

“Since I was a kid, I always loved Americans,” she said. “I always said, when I get married, I want an American guy.”

Ellis’ American dream came true after she began writing to Alan Ellis of Cold Bay. The two became pen pals in 1985 and later fell in love. Two years later, he flew to the Philippines to meet her family and to bring her back to the U.S.

“He was so romantic,” she said. “He proposed to me on February 14th.”

The couple was married in Anchorage, and soon afterward, they flew to Cold Bay.

“At first, I was in culture shock,” she said. “I didn’t know English. I was able to understand the language, but I couldn’t speak it the way I do now. It took me a year to adjust.”

Since then, she has fallen in love with Cold Bay.

“I love this community, and I help out as much as I can,” she said.

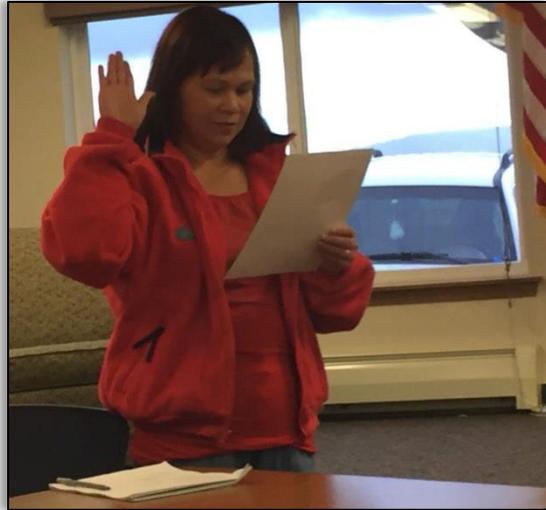
Serving the community has always been important to Ellis. In 1991, she started working at the Cold Bay Post Office. Four years later, she was promoted to Postmaster. Twenty years later, she has become a fixture in the community.



A road in Cold Bay was recently named after Postmaster Leticia (Letty) Ellis.

“I like the job because I like to serve and mingle with people,” she said. “I love to help them in any way I can.”

Ellis said she enjoys serving the community of Cold Bay in a variety of ways. Years ago, when she worked for Reeve Aleutian Airways, she was often called upon to translate when the health clinic received a Filipino patient who was unable to speak English. Ellis also donated her time and money to the school before it closed down last spring due to low student enrollment. She also enjoys caring for children, such as two year-old Brooke, daughter of Cold Bay Mayor Candace Schaack. Recently, Ellis extended her love of community service to the Cold Bay City Council. In late October, she was sworn in as one of the new council members.



Last month, Leticia (Letty) Ellis was sworn in as a member of the Cold Bay City Council, along with members Joshua Kremer, Craig Jackson and Rose Madden.

Ellis was also recognized for her service last month, both by the City of Cold Bay and the State of Alaska -- in a way she never would have imagined.

“Years ago, I was asked to provide our Anchorage office with street names and lengths for our (State DOT) use,” said Harold “Happy” Kremer, Cold Bay Airport Manager.

However, that task turned out to be a little more challenging than he had anticipated.

“I couldn’t find a street name for the road in front of the post office,” he said. Since Letty was the best postmaster we’ve had in years, I asked her if I could use her name for my DOT map. She said yes.”

Recently, Kremer called DOT and inquired about the status of whether the road name would be officially recognized.

“The State Right of Way people I spoke to said that it was officially ‘Letty Avenue’ in their documents,” Kremer said.

Shortly afterward, Kremer ordered the signs. It didn’t take long for them to arrive in the mail.

Soon they will be installed.

Ellis was beside herself.



Leticia (Letty) Ellis holds the sign for the road named after her. Photo by Harold “Happy” Kremer.

“I was thrilled,” she said. “I didn’t really think, with all the things I did for the community, that I would get a road named after me.”

For Ellis, it has become an extension of the American dream she is living – in the community she calls home.

“People here in Cold Bay are just like a big family,” she said. “I love this place.”

Eagle Hit by Plane in Sand Point Recovers at Bird Treatment & Learning Center

A juvenile eagle is lucky to be alive after colliding with a PenAir plane heading into Sand Point



A juvenile eagle, referred to as “prop bird,” is recovering at the Bird Treatment & Learning Center in Anchorage after colliding with a PenAir plane in Sand Point last month. Photo courtesy: Katie Middlebrook/Bird TLC.

last month. The young bird, referred to as “prop bird,” lost a wing during the October 16th impact and is now recovering at the Bird Treatment & Learning Center (Bird TLC) in Anchorage. The wildlife encounter temporarily grounded the flight.

“We could not depart until we could get maintenance personnel into Sand Point the next day to perform an inspection,” said Melissa “Missy” Roberts, PenAir vice president of sales and marketing. “We put up all of the passengers that needed accommodations that evening.”

The inspection on the following day revealed that there was no damage to the aircraft and it was returned to service. Meanwhile, the eagle was rescued and transported to Anchorage.

“This bird had a right wing amputation between the wrist and the elbow, which was done by the plane,” said Katie Middlebrook, Bird TLC avian rehabilitation coordinator. “A portion of the wing arrived in a bag. During the initial exam, he had bruising on the inside of his right leg, was knuckling and unable to stand. He was pretty down and out, holding his head down and not eating well.”

Middlebrook said the remainder of the wing, up to the elbow, was amputated three days later to clean up the area and keep as much remaining healthy tissue as possible. In the meantime, the bird was treated with antibiotics and pain medication. Since the traumatic event, Middlebrook said the young eagle seems to be recovering well and is in better spirits.

“He’s showing a lot more personality,” she said. “He’s eating better and he wants to bathe, which is a good sign. We have to keep his wrap dry, so we are offering him a bath before his wrap gets changed. He’s seems to be doing better and his temperament is improving.”

The Bird TLC is feeding him a varied diet, not unlike what he would find in the wild.

“We feed him a rotating variety that includes salmon, hooligan, rat, quail, caribou and moose,” Middlebrook said.

The avian rehab coordinator said she’s



The remainder of the eagle’s wing was amputated three days after the bird’s arrival to preserve as much remaining healthy tissue as possible. This photo shows the eagle during a re-check examination. Photo courtesy: Katie Middlebrook/Bird TLC.

hopeful the eagle will continue to get used to people because after losing a wing, he is a non-releasable bird and will have to remain in captivity for the rest of his life.

“It’s a huge process for birds to get used to people,” she said. “We have to get them comfortable with people before we would start training and conduct temperament assessments to see whether he’ll be better suited as a display bird that would stay in an enclosure or as a glove-trained bird that would then go out to education programs.”

So where would this young eagle end up? He could be transferred to a wild bird sanctuary or to a zoo.

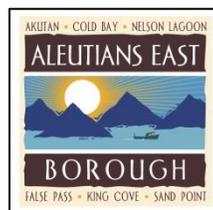
“We have transferred birds to many zoos as well as facilities that do education programs within Alaska or in the lower 48,” said Middlebrook.

Before a decision is made on the eagle’s future, he has a lot of healing to do.

“Every bird is different,” she said. But when they are young, it’s often easier to start training and get them used to people.”

If it works out, it’s possible the young eagle may not leave his home state at all.

“We’re actually hoping that we may have room for him in our education program,” said Middlebrook. “That will depend on a lot of different factors. He may stay in Alaska. You never know.”



AEB Fishermen’s Meeting

November 18, 2015 **9AM – 11AM PST**

Avenue One South room - 9th floor
at the
Silver Cloud Hotel
1046 1st Ave S., Seattle, WA

Across from the [Pacific Marine Expo](#) at CenturyLink Stadium

Invited Presenters:

- **Sam Cotten** ADF&G Commissioner
- **Denby Lloyd** NPRB Executive Director
- **Brent Pristas** NOAA Fisheries Enforcement Special Agent
- **Joe Sullivan** Attorney, Sullivan & Richards LLP. AEB CFA grant consultant

Also invited:

- Alaska State Senator **Lyman Hoffman**
- Alaska State House Representative **Bryce Edgmon**

Meeting facilitator: Ernie Weiss, AEB Natural Resources Director

Coffee and refreshments will be available at this morning meeting.

This meeting is scheduled to be recorded and archived at www.aebfish.org.

Contact Ernie Weiss at (907) 274-7557 or eweiss@aeboro.org for further information.

News from Eastern Aleutian Tribes

Submitted by Jennifer Harrison, Executive Director

October 2015

Service

- “Caught Ya Caring” – September was Suicide Prevention Month and we received this anonymous letter last month. It was an entire page, so I had to shorten it.
 - **Chris Diaz, Itinerant CHAP**, deserves recognition for reaching out to a patient. Although Chris and this patient were not in the same towns, he received some worrisome concerns about a patient. He reached out to the



Selma Ramsdell, HR Director, at the Health Fair in Whittier on Oct. 13, 2015. Photo courtesy: Eastern Aleutian Tribes.

- patient, who was stuck in a bad spot. If it were not for Chris reaching out and expressing what he had heard, things would have ended tragically. The encouragement from him helped the patient see that life is worth living.
- With Chris reaching out to the patient, they were able to admit to what was going on in their life, and be able to reach out for care through the clinic to **Robert Finley (Itinerant PA) and Marcella Decosta (BHA, Sand Point)**. The patient would like to thank Robert for being so understandable through the whole situation. Robert, the patient thanks you so much for being such a great man with a great heart, and Marcy thank you for taking the time to go to the patient's house during the weekend. This all happened during non-working hours.

- **Adak - Upcoming Services:**

- December 27 – January 7th – Erik Linduska, DHAT

- **Akutan - Upcoming Services:**

- December 28 – January 9th - Ben Steward, DHAT

- **Cold Bay - Upcoming Services:**

- October 21 – 28th - Ben Steward, DHAT and Allen Kuchenoff, Dental Assistant
- November 16 – 19th - Ben Steward, DHAT

- **False Pass - Upcoming Services:**

- November 9 – 13th – Dr. Koehler

- **King Cove - Upcoming Services:**

- October 19 – November 4th - Dr. Costa, Dentist, and Gaby Costa, Dental Assistant
- November 23rd – Health Fair (Nolan the Colon is coming.)

- **Nelson Lagoon - Upcoming Services:**

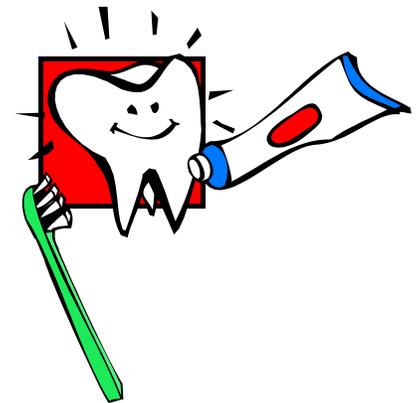
- November 3 – 6th - SCF Optometry
- November 7 – 14th - Dr. Costa, Dentist, and Gaby
- November 30 – December 5th – Dr. Koehler

- **Sand Point - Upcoming Services:**

- November 14 – 25th - Dr. Costa, Dentist, and Gaby
- November 16 – 20th - Dr. Sarah Steinbarger, SCF Optometrist
- November 30 – December 22th - Ben Steward, DHAT and Allen, Dental Assistant

- **Whittier - Upcoming Services**

- October 13th – Health Fair (Nolan the Colon is coming.)
- October 13 – (Marla (MG) Moore, BH Clinician)
- November 5 – 8th - (Dr. Costa, Dentist, and Gaby, Dental Assistant)



People

- Welcome our New Hires:
 - **Martha Shane**, Community Health Aid Trainee (CHA-T), Akutan (first day Oct 5th)
 - **Estrella Rizo**, Intermittent Janitor, Adak (first day October 6th)
- Open Positions:
 - **Behavioral Health Aides/CHR*** – Akutan (An itinerant is working in Akutan, but she could help other villages if we could fill this position with a full-time person.)
 - **Behavioral Health Clinical Manager** – This position requires 50% traveling and we are looking for a Psychiatrist, Physician with added certification in Addiction Medicine or Psychiatric Nurse Practitioner in order to manage medications.
 - **Clinical Information Clerk (CIC)/Janitor*** - Akutan
 - **Community Health Aides*** – Adak and Nelson Lagoon
 - **CIC/Community Health Representative (CHR)*** – Akutan
 - **Health Benefit Specialist/CIC** – (King Cove or Sand Point) – We are looking for a resident of King Cove or Sand Point to become a Health Benefit Specialist. They will be trained as a back-up CIC. This position requires travel to all the other sites 50% of time.
 - **Intermittent Janitor*** – King Cove (part-time)
 - **Nurse Practitioner/Physician Assistant** – Adak, Akutan, and Sand Point, and recruiting for Itinerants
 - **Planning and Development Manager** – Any Site
 - **Primary Care Technician (PCT)*** – King Cove

*Note: No experience necessary. Training will be provided.

Report on Events:

- EAT had their annual board meeting on October 12-14. Highlights of the meeting:
 - Tour of Southcentral Foundation's (SCF) Primary Care Center and appreciation lunch with Village Docs
 - Presentation on SCF's Family Wellness Warriors. The next **Beauty for Ashes** workshop is October 26 – 30th in Girdwood. There will be another one in May 2016. EAT has the funding to send the primary and alternate EAT board members, **plus one community member from each community**. If you are interested in the October one or getting on the list for May 2016, please contact Betty Calugan at 1-866-328-4911.
 - Beauty for Ashes is a faith-based conference designed to educate and train individuals on how to interact with, work with and respond to those whose lives have been impacted by domestic violence, abuse and neglect.
 - As leaders in our homes and communities, it is important that we understand the lasting and long term impact that domestic violence, abuse and neglect has on those who have experienced it, or are currently experiencing it. It is important that each person be aware of how these painful circumstances can negatively impact the way we currently relate to others and the way others relate to us. When we are able to see each individual as a person of worth and dignity and treat them as such, the result can

have a profound impact that translates into healthier relationships at home, work and throughout our communities.

- Actions Taken:
 - Approved Southcentral Foundation's (SCF) resolution to support inclusion of a dental clinic in the expanded east wing of the Alaska Native Medical Center (ANMC)



- Financial support for Aleutian Housing Authorities' (AHA) grant applications to renovate the **King Cove community center into an elders facility**

- Financial support to create a regional Elders Fund

- Approval to move forward to Cerner as our new electronic health record (E.H.R.). This is the same system as what they use at the Alaska Native Medical Center and the Primary Care Center. Being on the same system will greatly improve our

care management processes and resolve many of our travel communication issues. This new system could be implemented as soon as January 2016 or as late as October 2016.



Emma and Tim Shangin of Akutan visited the APICDA booth at AFN recently. Tim is the artist who created the bentwood visor on display and the father of Ian, the boy pictured wearing the life vest on the APICDA banner in the background.

Isanotski Corporation

P.O. Box 9

False Pass, AK 99583

907-548-2217 office – 907-548-4030 office cell

isanotskicorp@justemail.net



JOB ANNOUNCEMENT

Part-time/temporary clerk position at the

Isanotski Grocery Store

Pay: DOE – starting \$12/hour

Hours: on call basis

Qualifications:

- Applicant must be
at least 19 years of age

- punctual, consistent and reliable in work

- able to understand and follow corporation policies

- able to work with the public

- able to lift 100lbs

- willing and/or able to understand/operate point-of-sale systems



Applications:

- Please submit your resume or request an application from the Isanotski Corporation office by mail, email or phone call.



BUSINESS PLAN COMPETITION



You could win \$20,000 in
seed money to start your
in-region business and a
trip into Anchorage
to present your idea!

Business plans due by:
Friday, March 4, 2016
5:00 pm.

ALEUTIAN marketplace

Businesses must be located in one or more of these communities:

■ Adak	■ King Cove	■ Sand Point
■ Akutan	■ Nikolski	■ St. George
■ Atka	■ False Pass	■ St. Paul
■ Cold Bay	■ Nelson Lagoon	■ Unalaska



A Cooperative Initiative Sponsored by:



For more information please visit: www.apicda.com/aleutian-marketplace — PLEASE SHARE AND POST

Free Phone Service for Eligible Alaskans

Do you qualify for FREE landline or cellular phone service?

The Lifeline program is a government assistance program that provides qualifying households free landline or wireless telephone service. TelAlaska offers the Lifeline program to eligible customers in Cold Bay, King Cove and Sand Point. To qualify for the Lifeline program, you must receive benefits from one or more public assistance programs; documentation of participation is required. There is a limit of one line per household, and households are not permitted to receive benefits from multiple providers. For more information and an application, please visit www.telalaska.com/lifeline.



Important notice to current Lifeline subscribers:



Federal regulations require that TelAlaska audit all Lifeline accounts every year to confirm that our customers continue to meet eligibility requirements. Lifeline subscribers will soon be receiving a recertification form in the mail. Please complete the form and return it to TelAlaska before December 31st to continue receiving Lifeline benefits. You also have the option of completing the form online at: <http://telalaska.com/lifelinescf>.

Got News?

If you have news you'd like to share or if you'd like to subscribe, please email ltanis@aeboro.org or call Laura Tanis at (907) 274-7579.





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[*Link to AEB's Facebook page*](#)

[*Link to King Cove's Facebook page*](#)