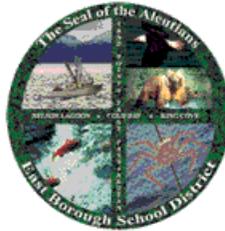
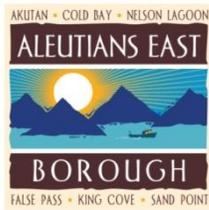


In the Loop



Bringing the Aleutians East Borough, the AEB School District and Eastern Aleutian Tribes together by sharing common goals.

Crews Complete Cold Bay Terminal Rehabilitation Project

By Monty Martin, Cold Bay Terminal Manager



Crews completed the Cold Bay Terminal Building rehabilitation project earlier this month. Photo by Monty Martin.

S&S General Contractors wrapped up its work on the Cold Bay Terminal Building rehabilitation project earlier this month. The project took approximately six months to complete. The work consisted of replacing 61 aluminum windows with vinyl windows, installing six inches of insulation, a weather-tight membrane and all the siding. The inside surfaces of the exterior walls

were repainted and a general clean-up was performed.

Upstairs, the National Weather Service spaces are completed, and the FAA spaces are ready for further modifications to take place by that agency's technical and construction services. In the FAA areas, there are flooring projects for them to finish and there is a planned HRV (heat-recovery ventilator) unit to be installed before the spaces will be occupied.

Downstairs, the building awaits occupation by an airline, air cargo or air taxi service (as it was designed to accommodate). Meanwhile, the Borough's Hovercraft Office and the Terminal Manager's office reside there.



The work consisted of replacing 61 aluminum windows with vinyl windows, installing six inches of insulation, a weather-tight membrane and all new siding. Photo by Monty Martin.

NMFS Extends Comment Period to Restrict Commercial Fishing in Western Aleutians

Comment Period for Western Steller Sea Lions Protection Measure Rule Pushed Back 45 Days



NMFS has extended the comment period to restrict commercial fishing in the western and central Aleutians until Feb. 28, 2011.

NOAA's National Marine Fisheries Service is extending the comment period for the interim final rule which proposes reducing commercial fishing for groundfish stocks in the western and central Aleutian Islands. The original public comment period for the interim final rule ended Jan. 12, 2011. **Last week, NMFS filed a notice with the Federal Register to extend the public comment period for an additional 45 days to February 28, 2011.**

NMFS claims the fishing restrictions in the western and central Aleutian Islands are necessary to protect food sources for endangered Steller sea lions. However, Governor Parnell and a number of commercial fishing groups say NOAA's response is too drastic and that the agency's conclusion isn't supported by the best available scientific information. The State of Alaska filed a lawsuit last month in an attempt to stop NMFS from implementing the restrictions. Earlier this month, several commercial fishing groups filed their own lawsuit. Last week, the Freezer Longline Coalition also sued NMFS.



Various stakeholders and members of the public requested more time, so NMFS filed for the extension.

The original comment period occurred over the holiday season, limiting the number of work days available to the public for developing a response to this action. Various stakeholders and members of the public requested more time, so NOAA's Fisheries Service filed for the extension.

For more details, click on the following link: [Read more: NOAA Fisheries news release](#)

AK Board of Fisheries Approves Adak's Petition for Small Vessel Cod Fishing in State Waters

The Alaska Board of Fisheries voted unanimously this week to grant the City of Adak an emergency petition allowing boats under 60 feet to fish Pacific cod near the City during the federal season. Last month, NMFS announced that commercial mackerel and cod fisheries in the western and central Aleutians would be restricted to protect food sources for steller sea lions (SSL). The board's action modified SSL Reasonable and Prudent Alternatives (RPA) in waters from 175 degrees W long to 178 degrees W long, keeping P. cod fishing open for small vessels in the parallel P. cod season to reflect SSL RPAs in effect during 2010. The Alaska Department of Fish & Game issued the emergency order on Jan. 21, 2011. For more information, click on the following link: [AK Board of Fisheries Approves Adak's P. Cod Fishing Petition](#)

Reminder: Comment Period for Unimak Island Caribou Herd Management Options Ends Jan. 31st

Time is running out to express your ideas about the management options for the Unimak Island caribou herd. Last month, the U.S. Fish & Wildlife Service announced that the agency is seeking comments on this issue to help address concerns about the declining herd. From 2002 to 2009, the Unimak Island caribou herd declined by 31 percent. Predation is believed to be the



The comment period for Unimak Island caribou management options closes January 31, 2011.



major cause for this dramatic population drop.

The comment period closes on Jan. 31, 2011.

The actions and alternatives proposed in the EA are:

- **A**: a No Action alternative without predator control;
- **B**: the ADF&G's proposed action to use helicopters to selectively shoot wolves from the air that are preying on caribou calves;

- **C**: an adaptation of the ADF&G’s proposed action to use fixed-wing aircraft with marksman or ground-based teams dropped off by helicopter to selectively shoot wolves preying on caribou calves;
- **D**: an alternative to use ground-based teams to shoot wolves in the area of the calving grounds, supported by reconnaissance airplanes.

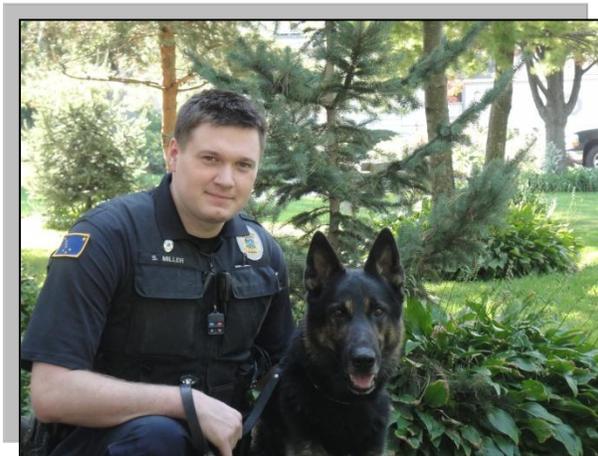
All predator control alternatives include moving bulls from the Southern Alaska Peninsula caribou herd to Unimak Island to increase pregnancy rates among cows in the Unimak Island caribou herd. All four alternatives include ongoing monitoring and research activities in support of adaptive management.

For more information, visit the link below:

[Read more: Comment Period for Unimak Is. Caribou Herd Management Options](#)

If anyone would like help in drafting a letter for the comment period, please call AEB Communications Manager Laura Tanis at (907) 274-7579 or email ltanis@aeboro.org.

Sand Point’s New Officer is Top Dog on Police Force



Officer Shane Miller trained with police dog, Sage, for seven weeks at a training facility in Grayslake, Illinois, before joining the Sand Point Police Department.

The City of Sand Point has a new police officer in town. Meet “SAGE” (shown in the photo to the left, with Officer Shane Miller of the Sand Point Police Department).

Police Chief Joe Shoemaker selected Officer Shane Miller to be Sage’s dog handler. Miller spent seven weeks training at Tops Kennels in Grayslake, IL for his new duties. Tops Kennels is a highly respected training facility, well known for training police dogs for a large number of Police departments around the country. Director of Training, Alex Rothacker,

and an additional trainer accompanied Sage and Officer Miller back to Sand Point for on-site orientation and further training. Tops Kennels donated this dog, equipment, and the training to the City of Sand Point saving the City approximately \$25,000 to \$30,000.

Sage is a specially trained, general purpose dog and considered a certified police officer with the Sand Point Police Department. Sage and Officer Miller are certified competent in the areas of obedience, building searches, area searches, article searches, tracking, narcotics detection, obstacle course training and handler protection.

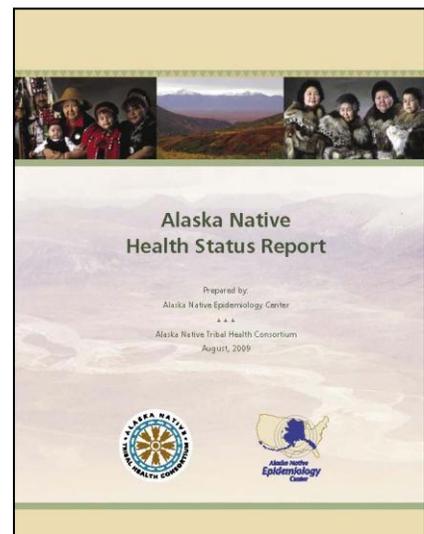


Sage is a specially trained, general purpose dog and considered a certified police officer with the Sand Point Police Department.

Report Reveals Health Status of Alaska Native Regions Statewide

The Alaska Native Tribal Health Consortium recently released its “Alaska Native Health Status Report”, and the findings show significant improvement is needed. The report covers population demographics, leading causes of mortality and morbidity as well as adolescent and adult lifestyle risk factors. Topics include maternal and child health, cancer and cancer screening, immunizations, diabetes, infectious diseases, dental and environmental health.

The report shows that cancer is the leading cause of death for Alaska Native people, accounting for one out of every five deaths. The Alaska Native cancer death rate was 30 percent greater than for U.S. Caucasians. Heart disease is the second



leading cause of death for Alaska Native people, followed by unintentional injuries, chronic liver disease and cerebrovascular disease (includes stroke, aneurysms and carotid stenosis). (See numbers in table below for the Aleutians/Pribilofs Region.)

**Leading Causes of Death:
Aleutians/Pribilofs Region 2004 - 2007**

Ranking	Cause of Death	Number of Deaths	Percentage of Deaths	Rate per 100,000
1	Cancer	14	21%	237.5
2	Heart Disease	13	20%	274.8
3	Unintentional Injuries	10	15%	128.0
4	Chronic Liver Disease	4	6%	51.3
5	Cerebrovascular Disease	3	5%	76.8

Documented adult lifestyle risk factors also show the need for improvement. The obesity rate in Southeast Alaska (38%) and the Aleutians and Pribilofs regions (47%) are estimated to be significantly higher than for Alaska Natives statewide (31%). Sixty-three percent of adults in the Aleutians and Pribilofs are smokers compared to 41 % statewide and 20 % of Alaska non-Natives statewide.

The report was prepared by the Alaska Native Epidemiology Center. The health status topics found in this report were selected from the National Healthy People 2010 document and the state's Healthy Alaskans document.

To learn more and read the report, click on the link below:

[**Read more: Alaska Native Health Status Report**](#)

Portion Distortion:

A look at today versus 20 years ago.

&

Consuming Kids: The Commercialization of Childhood

A must-see for every parent and those who care about the future of our children.



**Simple
SNACKS
Provided**

Where? Sand Point Clinic Conference Room

When? Wednesday Jan. 26, 2011 at 6 pm

(DVD movie is 60 minutes)

Who? Adults and Teens

- Not entertaining or intended for preschool or grade school children. Presented by Suzanne Zaw, PHN (AK State DHHS)

Questions? Call Louise Zeile, RN, Diabetes Program, at 383-3151



EASTERN ALEUTIAN TRIBES

Come join
Michael Christensen, Executive Director,
and Tara Ferguson,
Director of Quality Improvement/Quality Management,
at a

COMMUNITY GATHERING

7 P.M., Thursday, January 27

at

The City Gym

Dessert Fruit and Coffee compliments of EAT!

Enter the drawing for door prizes!

Come join EAT as we continue to fulfill our mission of providing and continually improving quality services in all aspects of health care, supporting the well-being of our people.



Working Together to Promote Healthy Communities



United States
Department of
Agriculture

National Institute
of Food and
Agriculture



Spring 2011

Rural Nutrition and Health Change

To be offered in Sand Point, AK

RNS 101

**Information and Skills for Nutrition and
Lifestyle Change in a Rural Setting**

**Promoting Healthy Weight and Nutrition,
Deterring Diabetes and Preventing Disease**

February 15 & 16

At: City Building (BINGO room)

(with 1 hour audio-conference follow-up TBA)

Instructor: Sarah McConnell, LCSW

An upbeat lifestyle change overview, for the journey to wellness. Learn about the science of healthy nutrition and exercise, healthy meal makeovers, nutritional importance of Alaska Native foods, portions, proteins, fats, carbohydrates, label reading, and more!

Enroll for credit! (\$150 for 1 credit course)

(Or, call Louise for other options, if you do not wish credit.)

For Information, call either:

Louise Zeile, RN 383 – 3151

Or

Sarah McConnell ssmcconnell@alaska.edu

1-888-474-5207, #2 X 6

RSVP is necessary for menu planning!

UAF is an affirmative action/equal opportunity employer and educational institution.



AMLJIA Safety Minute: Stand Firm

Slips, trips and falls are the third leading cause of workplace injury and account for 12 percent of workplace fatalities. Vigilant compliance with safety regulations and common sense caution can prevent most falls.



Fall Risks:

- Wet or slippery walkways
- Clutter or wires blocking passages
- Broken stairs or handrails
- Improper use of ladders or other height equipment



Tips for Prevention:

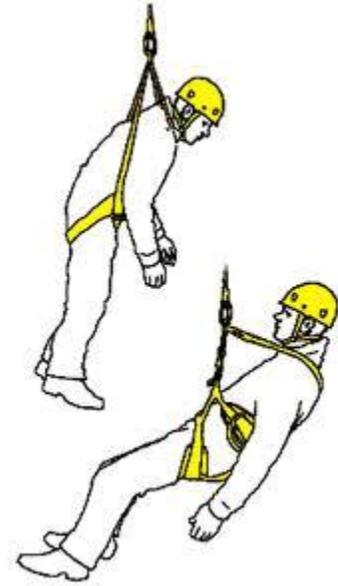
- First and foremost, watch where you're going.
- Keep all aisles, stairs and walkways free of clutter, and keep cabinet doors and drawers closed when not in use.
- Report broken stairs or loose stair coverings.
- Immediately pick up and clean up any dropped items or spills.
- Use caution on stairways. Use handrails and take one step at a time.
- When walking on a wet or slippery surface, slow down, take small steps and keep a hand free for balance.
- If your work area tends to be wet, dirty or oily, wear slip-resistant footwear, and keep the soles clean for better traction. Request non-skid floor coatings and slip-resistant mats in slippery and heavy traffic areas.



- Place chains, guardrails or warning tape around elevated areas.
- Keep all harnesses and other fall protection equipment in working order, and use them correctly.
- When using a ladder, start with a firm, solid surface. Inspect the ladder before and after every job, and follow the safety rules and warnings posted on the ladder.



- Report even a minor fall. It could prevent someone from experiencing a more serious injury down the line.



A Footnote About Footwear

Proper footwear can help reduce slips and falls. In Alaska, ice grippers (such as Servus, STABILicers and Yaktrax) worn over your regular footwear can become your most important safety device in winter. Ice gripper designs vary from brand to brand, so look for the style that works best for you and your work habits. Co-workers and friends may also provide recommendations to help you choose. Employers can encourage the use of ice grippers by providing seating at building entrances so that employees can easily remove grippers when entering and put them on when exiting the building.





Strong Communities, Vibrant Economies is the theme of the 2011 Southwest Alaska Economic Summit & SWAMC Annual Membership Meeting.

February 10 & 11 at the Hotel Captain Cook in Anchorage.

The SWAMC conference is the annual forum for regional economic and community development dialogue for Southwest Alaskan communities and businesses. Topics and issues for this year's agenda include: Seafood development and market opportunities; new energy programs and techniques; regional food security; transportation roundtable discussion; Regional Native Corporation investments; education programs and more.

In addition, there will be a *Coastal Communities Workshop* on February 9th, co-sponsored by SWAMC and the Alaska Sea Grant Marine Advisory Program. The one-day event will contemplate the health and resiliency of our rural coastal communities by maintaining the value of the resources we currently have while constantly searching for new opportunities. The workshop will be an interactive and engaging discussion with several focus areas.



Visit www.swamc.org or call 907.562.7380 to register and for more details on both events.

AEBSD Scholarship Program

2011-2012 Academic Year



The Aleutians East Borough will continue to invest in your future through a scholarship program. Scholarship awards will be announced in May 2011 for study during the 2011-2012 academic year.

These scholarships are open to **ALL DISTRICT GRADUATES**, regardless of current enrollment status. Applicants need not be currently enrolled in high school or post-secondary studies. This year's program will operate similar to those in the past. Please read the following instructions:

Scholarship Program:

In addition to the District scholarships, each Advisory Committee will have scholarship funding to award in any manner they deem appropriate. The following required materials received by the District Office will be copied and shared with the Advisory Committees:

- ❑ Send a letter of application addressed to School Board Members and Advisory School Committee Members asking for scholarship assistance.
- ❑ Include a maximum of two letters of recommendation from teachers, school administrators, counselors, deans or other officials of your school or place of employment.
- ❑ Include the most current available, official transcript of your school work. If fall of 2010 is your most recent available transcript, that will suffice. College students and high school seniors will not have spring grades or transcripts by the deadline, so it is expected that the mid-year grade report is the latest official grades that you can send us. If you are not currently enrolled in school, some report from your employer or counselor would be helpful.
- ❑ Include a 300- to 500-word essay describing your educational achievements, interests, and the career directions you have developed or are considering.

APPLICATION DEADLINE: All applications need to be received by the District Office by 5 p.m. on Friday, April 29, 2011. Scholarship winners will be notified in writing sometime after the local graduation ceremonies in May where they are publicly and formally announced.

If you have any questions, please contact Sophie Mack, Executive Secretary at (907) 383-5222 or sgundersen@aebbsd.org

You can also find this posting on our website at www.aebbsd.org.



AEBSD Calendar of Events:

- **AEBSD School Board Meeting:** 6 - 8 p.m. on Jan. 25, 2011 at the Borough office in Sand Point.
- **AEBSD Career & Technical Committee Meeting:** 7 p.m. on Jan. 26, 2011 at the Borough office in Sand Point. EAT Executive Director Michael Christensen will discuss careers in the allied health field.

[Please Help Support the Urban Aleut Culture Camp](#)



A MESSAGE FROM ALEUTIAN PRIBILOF ISLAND ASSOCIATION:

PLEASE VOTE DAILY for APIA's idea: Help others learn about Alaskan Aleuts through a unique culture camp!! Your daily votes have brought us from rank #266 last week to #186 today. Daily votes are the key. If we get to the top 100 for the \$25,000 category our idea

will automatically be submitted for February. If we make the top 10 we get funded. Thank you for voting daily!

Please help APIA receive funding for the Urban Unangax/Aleut Culture Camp by voting **DAILY** for our idea submitted to the Pepsi Refresh Project.

Go to www.pepsirefresh.com. Once you get to the home page, go to the Arts & Culture category, then click on the \$25,000 tab and look for the idea: **Help others learn about Alaskan Aleuts through a unique culture camp.**

Or, click on the \$25,000 tab and under VOTE FOR, choose "Near You" from the scroll down menu directly above the \$25,000 tab.

The more votes the better our chances! PLEASE VOTE **DAILY!** THANK YOU.

To Vote from your mobile phone:

Text* 105066 to

Pepsi (73774)

*Standard text messaging rates apply.

The link to the video on the Pepsi Refresh site is not working. You can view the AleutCultureCamp video on YouTube by clicking on the following link: <http://www.youtube.com/watch?v=nfR8PpaxEz4>

THANK YOU FOR YOU DAILY VOTES!

Please do not hesitate to contact me if you have questions. Thank you.

Millie McKeown - Chuluulux^

Cultural Heritage Director

Aleutian Pribilof Islands Association, Inc.

1131 E. International Airport Rd.

Anchorage, AK 99518-1408

(907) 276-2700 main line

(907) 222-4241 direct line

(907) 279-4351 fax line



CH2M Hill Training

TAF announces the upcoming CH2M Hill Training that will take place late March 2011 in King Salmon. CH2M Hill will provide participants with the specific skills required to obtain jobs as

General Maintenance Technicians (GMT's). First year GMT's average \$50,000 annually (regular pay plus overtime), which immediately provides the participant with the opportunity to earn at least the average annual wage in Alaska. GMT's will typically work two 80-hour work weeks with two weeks off.

Training is industry-specific and will result in industry-recognized skills and certifications through the National Center for Construction Education and Research (NCCER). Successful completion of all training courses will most likely result in employment for participants. Students will receive hands-on training from journeyman level instructors. These three weeks of training will be designed for students desiring careers in general maintenance. Class dates are to be determined soon. Twenty applicants will be selected and all successful graduates will be considered for employment.

Minimum requirements: An Alaskan Resident; 18 years or older; Completed high school or have GED; Valid Alaska Driver's License with access to 5 years driving record; Must pass a drug check indicator; unemployed, underemployed or need job skills training to become or remain a self-sufficient wage earner.

Please contact [The Aleut Foundation](#) for applications and/or questions.

Applications are due February 7, 2011

Share Fantastic Fish Recipe, Win Fun in the Sun Trip



Wishing you could get away from the cold and bask in the sun for a while? You could win a trip to L.A. with your favorite fish taco recipe. A nationwide promotion kicked off last month to find the best taco made from Alaska fish. The Alaska Seafood Marketing Institute (ASMI) has partnered with celebrity chefs at the Los Angeles-based Border Grill to find the best taco recipe using any kind of Alaska Seafood. The contest is open to amateur cooks -- no professionals allowed.

Find an entry form at www.alaskafishtaco.com. The deadline to enter is January 31, 2011.

Got News?

If you have news you'd like to share, please email ltanis@aeboro.org or call AEB Communications Manager Laura Tanis at (907) 274-7579.





Thank you for reading In the Loop. If you would like to subscribe or unsubscribe, please send an email to ltanis@aeboro.org. For more information about our communities, our people, and our fisheries, please visit us at www.aleutianseast.org, and check out our new blog at <http://aebfishblog.blogspot.com/>.

